

Question, Persuade, Refer Suicide Prevention Training



Now offering free 1.5 hours of CEUs

The **Detroit Wayne Mental Health Authority** is providing FREE Question, Persuade, Refer (QPR) Training to teachers, parents, students, churches, businesses, and other community members at no cost.

TAKE A TRAINING. SAVE A LIFE.

Question, Persuade, Refer (QPR) teaches three simple steps that anyone can learn to help save a life from suicide.

QPR will teach participants to recognize the warning signs, clues and suicidal communications of people in trouble and to act vigorously to prevent a tragedy.

The goal of QPR Training is to help prevent deaths by suicide in I Sk' W'ag' fkan and reduce the stigma associated with mental illness.

90% of people in a suicidal crisis will give some kind of warning of their intention to those around them.

45% of individuals who die by suicide visit their primary care physician within one month of their death.
20% visit within 24-hours.

This "last medical contact" before suicide is even higher among the elderly.

Almost 50% of elderly suicide victims visited their doctor within the week before their death.

**FREE training.
Snacks and
beverages at each
training.**

Contact Andrea Smith
to schedule a training
at 313-344-9099 x3227
or
asmith1@dwmha.com

