

# Detroit Wayne Mental Health Authority

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**Bulletin Number:** DWMHA Coding Manual – 14-007

**Issued:** October 1, 2014

**Subject:** IH Modifier

**Provision of Service Affected:** This Bulletin is specific to the following providers only –

- Development Centers, Inc.
- Our Place Clubhouse/Goodwill Industries of Greater Detroit
- Hegira Programs, Inc.
- New Center Community Mental Health Services, Inc.
- Southwest Counseling Solutions

## **Guidance on IH Modifier Usage:**

### **Background:**

DWMHA is pleased to announce an opportunity for targeted enrollees to participate in an Evidence-based or Promising Practice Peer-Led Wellness Self-Management Workshop. The purpose of this memo is to provide guidance on modifier coding for use with these peer delivered services provided by select DWMHA providers.

Effective June 1, 2014, the Michigan Department of Community Health required each PrePaid Inpatient Health Plan (PIHP) to provide an integrated health performance improvement project. To improve consumer engagement, DWMHA designed a project to follow a closed group of enrollees at five DWMHA SMI outpatient treatment programs for adults who have at least one chronic health condition. DWMHA will intervene by pairing the consumer's self-identified health condition(s) and motivation for change on the Healthy Michigan Plan Health Risk Assessment (DCH-1315) with a person-centered, face-to-face invitation to participate in a Peer-Led Wellness Self-Management Program. This will occur within a session lead by a Case Manager or Peer Support Specialist utilizing motivational interviewing techniques.

Each of the peers providing the Self-Management Workshops must be a Certified Peer Support Specialist (CPSS) or have the ability to provide the services with staff as a Peer Support Specialist. To be payable, claims for Peer Led Self-Management Workshops must be furnished by the CPSS to enrollees. Claims for services meeting these requirements must show the IH modifier as appropriate applied according to the description listed in the table below.

**IH modifier definition:** The IH modifier is utilized to indicate a service rendered by a Certified Peer Support Specialist was performed in one of the Self-Management Workshop activities (individual intervention or group session).

**Approved codes:** H0038 IH, H0038 TT IH, T1017 IH, 90853 IH

PIP Activity/Service	Description of Service	Who Delivered the Service	Encounter Code to Record the Service
Intervention Session	Face-to-face individual session offering Healthy Michigan Health Risk Questionnaire to consumers in the identified target population irrespective of whether they are Medicaid or Healthy Michigan insureds	Certified Peer Support Specialist	H0038 IH
Intervention Session	Face-to-face individual session offering Healthy Michigan Health Risk Questionnaire to consumers in the identified target population irrespective of whether they are Medicaid or Healthy Michigan insureds	Case Manager	T1017 IH
Peer-Led Wellness Self-Management Workshop	Face-to-face group Evidence Based Practice Wellness Self-Management Workshop  <i>This does not include InSHAPE, Drop-In Groups or single session health workshops</i>	Certified Peer Support Specialist	H0038 TT IH for consumers who are in the PIP target population  H0038 TT for consumers who are not in the PIP target population
Peer-Led Wellness Self-Management Workshop	Face-to-face group Evidence Based Practice Wellness Self-Management Workshop  <i>This does not include InSHAPE, Drop-In Groups or single session health workshops</i>	Other Mental Health Professional (providing coverage for the Certified Peer Support Specialist who is away)	90853 IH for consumers who are in the PIP target population  90853 for consumers who are not in the PIP target population

## Glossary

**Beneficiary age criteria (if applicable):** For the purposes of this study, adult participants are included. An adult is someone who is 18 years of age or older.

**Case Management Services:** will be denoted by the encounter codes T1017

**Certified Peer Support Specialists (CPSS):** is one who has successfully completed state-mandated certification and are eligible to work collaboratively with an assigned organization to ensure peer consumers in their recovery, resiliency and productivity. Under the clinical supervision of their organizations, Certified Peers may provide services that are Medicaid reimbursable (consumer attendance must be documented for billing purposes).

**Chronic Health Condition:** For purposes of this project, individuals have a chronic health condition if their reported health conditions on the Quality Improvement file element 41 have one or more of the following: 41.1 Pneumonia (value=2+/year), 41.2 Asthma (value=2-3), 41.3 Upper Respiratory Infection (value=2-3), 41.8 Diabetes (value=2-3), 41.9 Hypertension (value=2-4), and 41.10 Obesity (value=2).

**Completion of Wellness Self-Management Workshop:** will be denoted by at least four (4) H0038 TT IH encounter codes within any ten-week period during the measurement period.

**Enrollee:** Participants that are in the eligible study population are identified as receiving case management and/or receiving a peer covered service denoted by encounter codes T1017 or H0038 at least one per quarter during FY2013 at one of the five identified SMI outpatient treatment programs and who were enrolled on 9-30-2013.

**Evidence-based practice (EBP):** refers to preferential use of mental and behavioral health interventions for which systematic empirical research has provided evidence of statistically significant effectiveness as treatments for specific problems.

**Peer Covered Services/Peers** will be denoted by the encounter codes: H0038 – Peer Covered Service, H0038HE – Certified Peer Support Specialist and H0038HF – Peer Recovery Coach, *H0038 TT IH Peer-Led Self-Management Group Service*

**Peer Support Specialists:** Individuals, who through direct life experiences as behavioral health, mental health and/or substance abuse consumers and through state-sanctioned training and skill development serve as role models or facilitative supports to other behavioral health consumers pursuing goals and dreams for recovery.

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**Wellness Self-Management Programs:** For the purposes of this study, includes any 6-to 8-weekly health self-management program listed on the SAMHSA's National Registry of Evidence-based Programs and Practices such as Enhance Wellness, Team Solutions/Solutions for Wellness, and Wellness Recovery Action Plan (WRAP) or programs where training was offered by MDCH such as Smoking Cessation, Personal Action Toward Health (PATH) and Whole Health Action Management (WHAM). *Drop-In Groups and single session programs are excluded.* These program services will be recorded using encounter code H0038 TT IH.