

# CHILDREN'S Initiatives

## ***Infant Mental Health Services***

### **What are Infant Mental Health Services?**

- Services that provide information about infant's growth and development;
- Services to help the parent(s) and infant develop health relationships;
- Referrals provided to meet families' needs;
- Therapeutic services to enable parent(s) to resolve conflict within the family.
- Home Based Services to provide parent(s) and infant and/or toddler with support;
- Therapy to address mental health issues such as post-partum depression.

### **To be Eligible:**

1. Be a Wayne County Resident;
2. Individuals with Medicaid;
3. Pregnant and/or a parent with a child between ages of 0-3 years;
4. Infant/Toddler with emotional or behavioral challenges;
5. Parent(s) struggling with mental health concerns;
6. Infants experiencing low birth weight, eating or sleeping difficulties, delays in developmental milestones, infants failing to thrive;
7. Families that have experienced separation from the infant or toddler;
8. Families that have experienced trauma or loss.

### **What to Expect from an Infant Mental Health Specialist?**

- Weekly Visits;
- Encouragement and guidance on interacting with your infant/toddler;
- Guidance and support in times of crisis;
- Help in understanding your child's development; and
- Help in connecting to community for support, resources and coordinating services.

For more information, contact the  
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